



ASSISTED LIVING
SUMMIT
2026

MINNESOTA'S PREMIER ASSISTED LIVING CONFERENCE

MAY 19-20, 2026

MYSTIC LAKE CENTER | PRIOR LAKE
(new location)

39 sessions from which to choose
41 hours of education offered
11.75 CEs to be earned



CARE PROVIDERS OF MINNESOTA SUMMIT KEYNOTE SPEAKERS

TUESDAY | 8:00-9:00 AM
**FIVE COMPONENTS OF
EXTRAORDINARY TEAMS**



LEE RUBIN
TEDx presenter
LEE RUBIN SPEAKS

Machines are evaluated based on the output of the entire unit, not the impressiveness of their individual parts. While most organizations focus exclusively on building the skills of their individual members, elite organizations invest in the “stuff” that transforms a collection of talented individuals into extraordinary, machine-like teams. This keynote is packed with insights, humor and tools to help listeners take their respective teams to a higher level.

WEDNESDAY | 12:00-1:00 PM
**WHAT AL LEADERS NEED TO KNOW:
A NATIONAL NCAL UPDATE**



LASHUAN BETHEA
EXECUTIVE DIRECTOR
NATIONAL CENTER FOR ASSISTED LIVING (NCAL)

Providing a comprehensive overview of the current landscape of the assisted living sector, LaShuan will highlight NCAL’s priorities, federal and state policy developments, and the key initiatives shaping the future of assisted living nationwide. This update will equip leaders with timely information and strategic context to navigate today’s challenges and position their communities for long term success.



TUESDAY, MAY 19 | GENERAL SESSION | 3:00-4:00 PM

AI, analytics & liability: Demystifying data discoverability in Senior Living

We will address legal concerns around AI and data analytics in senior living. Covering data collection, what’s legally discoverable, and clarifying misconceptions. Attendees will learn how strong data governance can protect providers, enabling confident and responsible AI use, along with strategies to improve legal defensibility, manage risks, and promote accountability.

Mark Anderson, Chief Client Officer, Eldermark Software

Robert Rodè, Attorney/President, Rodè & Coffin, LLC

Marcus Kubichek, Director of Innovation, Monarch Healthcare Management

WEDNESDAY, MAY 20 | GENERAL SESSION | 10:30-11:30 AM

Navigating background studies in aging services

Background studies determine whether a person has committed an act that would disqualify them from being employed or providing services that require a background study. This session breaks down the background studies process for aging services providers, highlights key regulatory findings, and explores common compliance challenges.

Andrew N. Johnson, External Relations & Engagement Consultant Office of Inspector General-Background Studies Division, Minnesota Department of Human Services

WEDNESDAY, MAY 20 | GENERAL SESSION | 2:30-4:00 PM

Top issues, changes & best practices: A multi-agency panel

Working together for safer, stronger provider environments. Providers and state agencies share a common goal: creating the safest, highest-quality assisted living settings possible. In this collaborative panel, representatives from MDH and BELTSS will offer an honest look at the challenges they’re seeing in the field—and the remarkable work that many providers are doing to rise above them. You’ll learn the top issues agencies want providers to address, hear about changes on the horizon, understand the trends shaping tomorrow’s practices, and gain practical tips for improving compliance and outcomes. Come for clarity, stay for inspiration, and leave with actionable ideas you can bring back to your team.

Daphne Ponds, Health Regulation Evaluator, Minnesota Department of Health

Matt Heffron, Regional Operations Manager, Minnesota Department of Health

Steve Jobe, Executive Director, Board of Executives for Long Term Services and Supports

Angie Wheeler, Program Manager, MDH Food, Pools, and Lodging Services Section, EHD, Minnesota Department of Health

Rachel Shands, Deputy Director, Aging and Adult Services Division, Minnesota Department of Human Services

TUESDAY SCHEDULE

7:00-8:00 AM	Check-in & Registration
8:00-9:00 AM	WELCOME & OPENING KEYNOTE (with light continental breakfast) Lee Rubin, TEDx presenter, LEE RUBIN SPEAKS
9:15-10:15 AM	Learning Sessions 1
9:15-11:30 AM	<i>Residential Care Providers Intensive</i>
10:30-11:30 AM	Learning Sessions 2
11:30 AM-1:00 PM	LUNCH & EXHIBITORS
1:00-2:15 PM	Learning Sessions 3
2:15-3:00 PM	BREAK & EXHIBITORS
3:00-4:00 PM	General Session: AI, analytics & liability: Demystifying data discoverability
4:00 PM	<i>Evening social hour & networking</i>



VISIT WITH EXHIBITORS TUESDAY, MAY 19TH ONLY 11:00 AM-5:30 PM

Visit with vendors, check out new products and services, make new connections, and refresh existing acquaintances. Our vendors support Care Providers of Minnesota throughout the year, so swing by and thank them.

- Accelerated Care Solutions
- Advanced Health Institute
- BELTSS
- Center for Vulnerable Voters
- Cononus Healthcare
- Eldre Solutions Group
- Guardian Pharmacy Minnesota
- Healthcare Academy
- HPC
- Legacy Restoration LLC
- Lotus Pharmacy
- Martin Bros. Distributing
- Miller Architects & Builders
- Minnesota Exteriors Commercial
- New Horizon Foods
- NextLTC
- Office of Ombudsman Long Term Care Minnesota
- Passion for Dining and Nutrition
- Pathway Health
- Performance Food Service
- Senior Care Solutions
- St. Croix Hospice
- Thrifty White Pharmacy
- Twin Cities Physicians
- Upper Lakes Food



NEW

TUESDAY, MAY 19 9:15-11:30 AM

RESIDENTIAL CARE PROVIDERS INTENSIVE

101 & 201—Provider playbook: A practical guide for residential providers of 10 or less

Just like the guidance you hear on every airplane—“put on your own oxygen mask first”—providers must equip themselves with the right knowledge first. In this interactive session, we’ll break down the most common provider challenges and misconceptions.

Learn directly from seasoned leaders as we explore real-world case studies and practical scenarios designed to help you navigate daily operations with greater confidence. You’ll have opportunities to discuss challenges hands on, build your network, and leave with a clearer understanding of not only what to do, but who to call when questions arise.

Join us to strengthen your expertise, sharpen your decision making, and reinforce the foundational skills every provider needs to operate successfully.

TUESDAY EVENING SOCIAL HOUR

Care Providers of Minnesota invites all attendees, speakers, and exhibitors to stick around and network in the Minnetonka Room.

The first drink—wine/beer/soft drink—is on us. We look forward to seeing you, networking, and having a fun time together.





TUESDAY

learning sessions 1 | 9:15-10:15 AM

102: Tying HR trends to operations in senior living

Learn how HR trends directly connect to your daily operations as leaders in senior living. This isn't an HR-only conversation—it's about staffing stability, resident care, compliance, and your workload as leaders. We'll focus on three areas that continue to impact operations the most: retention and engagement, accommodations, and workforce data.

Kaspara Cochrane, Regional Director of HR Services, ProcareHR

103: Beyond the checklists: Empowering all staff to make a difference

This session explores how to help assisted living teams move beyond compliance-driven tasks to build a sense of ownership for quality across all roles and departments. Participants will learn practical strategies to engage all staff in identifying concerns, contributing ideas, and participating in small, meaningful improvements. Attendees will leave with actionable approaches to create a culture where quality isn't just something you monitor, it's something your entire team lives every day.

Tori Anderson, Quality Improvement Advisor, Stratis Health
Shauna Kapsner, Director of Consulting Services, Partner Senior Living Options, LLC

104: The realities of the role: An RN panel on navigating everyday challenges in AL

Step into the shoes of a Nurse Supervisor through real-world scenarios and candid discussion. This interactive panel brings together three unique perspectives—a senior consultant, a seasoned veteran, and an emerging supervisor—to explore the everyday challenges faced in AL. From handling resident falls and managing MAARC reports to addressing staff discipline and navigating tough family conversations, this session goes beyond theory and policy to focus on what truly works in practice. Moderated by a facilitator who will guide both panelists and participants through these real-life cases, this discussion is designed to help you learn from others' experiences, gain new insights, and walk away with practical strategies for handling the complex, fast-paced world of nursing leadership in AL.

Jessica Kritzeck, Senior Executive of Consulting, Advanced Health Institute
Niki Ballingrud, Regional Manager, Advanced Health Institute
Cheri Booth, Corporate Clinical Director, SilverCrest Properties, LLC



105: Navigating MDH plan reviews

A deep dive into the MDH plan review requirements, tips, tricks and strategies for successful outcomes.

Michael Mireau, President & Founder, The Source

106: Ensuring safety & compliance: Investigating maltreatment in AL

This session will cover key requirements for reporting and investigating maltreatment in assisted living facilities. Participants will learn how to conduct a thorough investigation and explore root cause analysis to help prevent future incidents and improve resident safety. Attendees will leave with the tools needed to strengthen their facility's response to complaints, incidents, and potential cases of abuse or neglect.

Julie Dietz, Chief Clinical Officer, Senior Care Solutions

TUESDAY

learning sessions 2 | 10:30-11:30 AM

202: Dollars and sense: Maximizing value in senior living culinary operations

In today's senior living landscape, culinary teams are challenged to balance rising costs, evolving resident expectations, and the demand for exceptional dining experiences. In this session, we will discuss practical strategies to elevate food quality, control spending costs, and drive measurable value across your operations—without compromising hospitality.

Christine Link, Nutrition & Dining Strategist, Martin Bros.
Jeffrey Wuollet CDM, CFPP Key Account Manager, Martin Bros.

203: Using activities to leverage your facility

In this session, we will discuss the MN AL report card and how a functioning and successful activity program can boost your results and why they will boost those results in the categories of resident quality of life, family satisfaction, and resident health. We will also cover how to leverage your activities to bring in more residents as well as outside stakeholders in the community. Lastly, we will cover how to effectively market your activity department using word of mouth, social media, and content marketing.

Samantha Adams, Regional Manager, Partner Senior Living Options, LLC

204: Sales & marketing tactics: The power of persuasion

Minnesota's AL marketplace is evolving, shaped by shifting consumer expectations, competitive pressures, and new referral patterns. This session explores the latest sales and marketing trends impacting providers and outlines practical strategies to strengthen referral pipelines, improve engagement with families and partners, and boost occupancy. Participants will gain actionable insights to elevate visibility, build trust, and position their communities for long-term success.

Rob Rogers, Regional Director of Business Development, Lifespark Senior Living



205: Falls & liability: What AL leaders need to know

Falls remain one of the leading drivers of risk and liability in ALs, especially as resident acuity continues to rise. This session explores how evolving regulatory expectations and national claims trends are shaping fall-related exposure in assisted living communities. Attendees will learn the most common root causes behind fall events, why many organizations lack effective systems to analyze and prevent recurrence, and practical, system-based strategies operators can implement to reduce fall frequency and severity while improving resident safety.

Dereck Mattson, SVP— Senior Living Practice Leader, Christensen Group

Daniel Billings, Chief Innovation Officer, Pathway Health

206: Enhancing clinical competence in AL: Early ID & effective communication of health changes

The complexity of disease processes among those residing in assisted living facilities has increased, presenting new challenges for the staff. The goal is to consistently deliver high-quality care while identifying and communicating changes in the tenants' health status. In this session, attendees will gain insight into strategies that enhance care providers' understanding and early identification of health conditions.

Colleen Toebe, VP of Clinical Services, Pathway Health

TUESDAY

learning sessions 3 | 1:00-2:15 PM

301: Waivered services programs in AL

Medicaid waiver services programs serve as a key component of reimbursement, impacting your facility's financial stability and capacity to deliver care and services. In this session, gain a comprehensive understanding of how waivered services are managed and explore strategies to maximize reimbursement opportunities.

Julie Dietz, Chief Clinical Officer, Senior Care Solutions

302: Workplace readiness in LTC: Practical guidance for employers

Build a stronger LTC workforce. Learn practical tactics for recruitment, retention, communication, and compliance—plus how Workforce Connections and the International Institute of Minnesota help employers grow talent through training and community partnerships.

Abebe Dashew, Employment Coordinator, International Institute of Minnesota

303: Listening at the table: Food choices, resident councils & better health outcomes

This session explores how food choice requirements support weight sustainment and long-term health consistency in residential settings. Participants will learn practical strategies for aligning nutrition standards with resident preferences, while effectively engaging food committees. Discussion will highlight how collaborative food planning enhances resident satisfaction and drives meaningful quality improvement outcomes.

Taylor Heitzinger, RD, LD, CD, Registered Dietitian, Upper Lakes Foods, Inc.

304: Comprehensive IPC: Articulate, consider & integrate

Strengthen your infection prevention efforts with a session designed to help you pinpoint the essential elements of a high-performing IPC program, uncover improvement opportunities in your own organization, and align everyday practices with the latest evidence-based standards.

Shelley Bhola, Infection Preventionist, NextLTC 305: Navigating MDH plan reviews

305: Finding solutions: A collaborative approach to uphold resident rights

Supporting resident rights is not a solo act—it works best when approached as a shared mission. In this interactive session, we'll explore how partnering closely with your Regional Ombudsman can transform challenges into opportunities for stronger advocacy and improved resident experiences. Through real-world scenarios, you'll learn how to reframe common dilemmas, shift from conflict to curiosity, and apply practical, resident-centered problem-solving techniques. Walk away with tools, language, and collaborative strategies that help ensure every resident's voice is heard, respected, and protected.

Emma Shepard, Self-Advocacy Specialist, Office of Ombudsman for Long-Term Care / Moving Home Minnesota

Jason Mekalson, Regional Ombudsman, Office of Ombudsman for Long-Term Care / Moving Home Minnesota

306: De-escalation in action: Assess, respond & support

This practical training session gives AL staff the tools to recognize, respond, and reduce conflict before it escalates. Participants will learn how to assess situational dynamics, identify early signs of rising tension, and adapt their approach based on the emotions and behaviors involved. The session also covers core de-escalation techniques—including active listening, empathy, and non-verbal communication that support safer interactions and more positive outcomes for residents, families, and staff

Jamie Vetvick MSN, RN, Founder & Simulation Strategist, Social Sim Dynamics

CPM HAS LAUNCHED A NEW APP—DOWNLOAD IT HERE!

Our new app is your hub for engagement, collaboration, and maximizing the value of membership. This app is designed to help members easily access association resources, stay informed about key updates, and connect with peers across the state. The Assisted Living Summit event section within the app provides the schedule, session details & locations, handouts, speakers bios, and sponsor & exhibitor connections.

Download the app to create your personalized schedule! The app can also be viewed from a computer browser: <https://cpm.clowder.com/webapp>.



for android



for apple (iOS)



WEDNESDAY SCHEDULE

7:30-8:00 AM	Coffee, networking, continental breakfast
8:00-9:00 AM	Learning Sessions 4
9:15-10:15 AM	Learning Sessions 5
10:30-11:30 AM	General Session: Background studies made simple
11:30 AM-1:00 PM	KEYNOTE & LUNCH LaShuan Bethea, EXECUTIVE DIRECTOR, NATIONAL CENTER FOR ASSISTED LIVING (NCAL)
1:15-2:15 PM	Learning Sessions 6
2:30-4:00 PM	General Session: Top issues, changes & best practices: A multi-agency panel

WEDNESDAY

learning sessions 4 | 8:00-9:00 AM

401: Capturing revenue with confidence: Effectively pricing your AL services

A clear pricing structure is essential for both financial stability and transparent communication with residents and families. This session breaks down how to accurately capture revenue in ALs using the service lines defined in the UDALSA. Participants will learn how to align services with actual staff time, build pricing models that reflect true costs, and ensure their services support compliance and operational sustainability.

Colleen Toebe, VP of Clinical Services, Pathway Health

402: Paid Leave and ESST check-in—How’s it going?

Ryan will first give an overview of the various changes that have gone into effect over the year, particularly since January 1, 2025. Ryan will then survey audience members to identify common issues employers have encountered with these changes, with a focus on Paid Leave. Ryan will then talk about any other issues involving Paid Leave or ESST that employers have been experiencing (to the extent these issues were not already covered by the audience). This session will discuss strategies for addressing some of these issues with a focus on maintaining technical compliance with applicable laws while considering the practicalities required for smooth operations.

Ryan Usher, Attorney/Partner, Rodè & Coffin, LLC



403: Aging part 1—Typical vs. atypical aging

This workshop helps learners understand and recognize the differences between normal and atypical aging. It emphasizes the value of matching helping behaviors to the person’s needs and retained abilities to promote a sense of control and self-direction, and addresses typical issues that occur throughout the progression of dementia.

Karis Gust, Nursing and Clinical Services Consultant, Good-Samaritan Sanford Health

Rhona Snyder, Senior Living Consultant, Good-Samaritan Sanford Health

404: Advancing the conversation on fall safety (Part 2 of 3)

This interactive session explores the legal and practical realities of falls in assisted living, including Nurse Practice Act requirements, Good Samaritan protections, and the responsibilities of unlicensed staff. Using real-life scenarios, participants will see how inconsistent policies, service plans, and communication can increase liability—and how aligning operations, care planning, and staff actions can reduce risk. *(Note: This is part 2 of a three-part series; part 1 takes place on May 12 as a live webinar; part 3 is Learning Session 505. Attendance at part 1 is not required but is recommended.)*

Rebecca Coffin, Attorney/Partner, Rodè & Coffin, LLC

Heidi LaMeyer, VP Clinical Services & Expansion, Align Senior Care Consulting

405: Managing licensing board inquiries & investigations

Not surprisingly, personal licensing boards receive various complaints about license holders (RN, LNHA, LALD), which sometimes causes the board to conduct an investigation about the same. More and more frequently, when the Department of Health concludes its survey or complaint investigation with a substandard quality of care determination or substantiated maltreatment, professional licensing boards are notified of the same and have to conduct their own investigation into the involvement practices of administrators and nurse leaders. In this session, Robert Rodè and Amanda Johnson will cover what triggers board investigations; discuss strategies and best practices with participants in responding to board inquiries; and managing potential board disciplinary conferences, hearings, and actions.

Robert Rodè, Attorney/President, Rodè & Coffin, LLC

Amanda Johnson, COO, Care Providers of Minnesota



WEDNESDAY

learning sessions 5 | 9:15-10:15 AM

501: Comprehensive training on customized living services
Don't miss this essential session diving into Community Living (CL) services across the Assisted Living–applicable waivers: Brain Injury (BI), Community Access for Disability Inclusion (CADI), and the Elderly Waiver (EW). Participants will gain a clear understanding of how CL services function within each waiver, including the unique requirements and expectations for BI and CADI. This session will equip providers with the knowledge and resources needed to confidently navigate CL policy, ensure compliance, and support residents in the most appropriate settings.

Lindsay Schmidt, Director of Business Development, Paruan, Inc.
Sigrid VanDemark, Director of Clinical Services, Paruan, Inc.

502: Food code compliance challenges

The Minnesota Food Code includes many requirements that can make it challenging to stay compliant. This educational session will cover common food code violations found in AL kitchens during surveys, the importance of compliance, and practical strategies to prevent repeat violations in future inspections.

Angie Wheeler, Program Manager, MDH Food, Pools, and Lodging Services Section, Environmental Health Division, Minnesota Department of Health

503: Aging part 2—Positive physical approach

This session focuses on the Positive Approach to Care's partnering techniques, including Positive Physical Approach (PPA) and Hand-under-Hand (HuH). These newly learned skills enable care partners to shift from simply 'dealing with the behaviors' to creating a positive and caring environment.

Karis Gust, Nursing and Clinical Services Consultant, Good-Samaritan Sanford Health

Rhona Snyder, Senior Living Consultant, Good-Samaritan Sanford Health

504: Drug diversion: A comprehensive guide to prevention

Drug diversion is not just a compliance issue, it is a threat to resident safety, staff integrity, and your community's reputation. Every nurse needs to know how to recognize the warning signs. In this essential session, you will gain the knowledge and confidence to protect your residents, team, and yourself. You will discover how to identify the subtle early warning signs of drug diversion that are easy to miss, implement proven prevention and response strategies that work in real-world settings, navigate reporting requirements with confidence and clarity, and build a culture where safety, ethics, and transparency are the foundation of daily practice. Through compelling real-world examples and actionable best practices, you'll leave equipped with practical tools to safeguard your facility before problems emerge.

Rebecca Kapsner, RN, Residex

Lores Vlamincik, Principal/Owner, Lores Consulting, LLC.



505: Advancing the conversation on fall safety—Part 3 of 3

The last session in the series gives a regulator perspective on fall prevention, post fall response, documentation, and survey expectations. Participants will work through case examples to strengthen fall response systems, improve documentation, and tie lessons learned into QAPI and service planning. *(Note: This is part 3 of a three-part series; part 1 takes place on May 12 as a live webinar; part 2 is Learning Session 404. Attendance at parts 1 & 2 is not required but is recommended.)*

Heidi LaMeyer, VP Clinical Services & Expansion, Align Senior Care Consulting

Jessica Sellner, RN, BSN, PHN, Interim State Rapid Response Operations Manager, Health Regulation Division | Office of Health Facility Complaints, Minnesota Department of Health

WEDNESDAY

learning sessions 6 | 1:15-2:15 PM

601: Social proof & its impact on building generative engine optimization credibility & authority

In today's crowded senior living market, families rely heavily on social proof—reviews, testimonials, provider reputation, and trustworthy online signals—when choosing an AL. This session explores how AI-supported marketing tools can help providers elevate their digital presence, strengthen credibility, and deliver more purposeful, high-intent messaging. Participants will learn how to blend responsible AI use with authentic storytelling to build authority, enhance referral conversion, and communicate their community's value seamlessly and ethically.

Joe von Kampen, VP of Sales and Client Success, Citizen

602: Leading through crisis

Sharpen your skills to have abilities of being articulate as the primary responsibility of a leader during an intense time of difficulty.. Lead with hope! And be able to implement the tangible ways to put their people first.

Irmadene Hanson, Senior Clinical Consultant, Zellner Senior Health Consulting

Mary Nell Zellner, President/ CEO, Zellner Senior Health Consulting



603: Level up! ALs & the Quality Award program

Ready to raise the bar? Let's talk about how using the Quality Award framework as a guide—not a goal—and can strengthen your AL community. We'll focus on practical ways the improvement process helps you align your team, clarify priorities, streamline systems, and build consistency across your organization. Participants will walk away understanding how the framework supports better decision-making, stronger outcomes, and a more resilient culture—regardless of whether you choose to pursue the award.

Shauna Kapsner, Director of Consulting Services, Partner Senior Living Options, LLC

604: From calendar to connection: Creating experiences that nourish well-being

This session explores how creativity, intention and human connection transform life enrichment from a calendar of activities into experiences that nourish whole person well-being in senior living.

Angie McAllister, Senior Director Joyful Living & Community Well-Being, Lifespark Senior Living

605: ALL in MN: Where buildings go wrong

AL projects seldom fail in construction — that's just when early missteps appear. Under 144G, physical-environment compliance is a front-end feasibility issue shaped by site decisions, zoning, test fits, and programming long before MDH review. This session covers timing, regulatory triggers, and accountability. Attendees will learn how early choices embed licensure risk, why city and fire approvals don't guarantee MDH acceptance, and how small shifts in census, use, or care model can change Life Safety Code and FGI requirements. Real examples show how early evaluation prevents delays, redesigns, and lost revenue.

Michael Mireau, President & Founder, The Source

606: Regulatory pulse: Trends, triggers, and tactical response

Get a snapshot of Minnesota AL survey trends, common triggers, and the responses surveyors expect. This session highlights practical strategies providers can use to stay proactive—covering key dos and don'ts, simple ways to streamline compliance, and approaches that help you anticipate issues before they arise. Leave with actionable guidance to strengthen readiness and maintain a compliance advantage.



Michaun Shetler, Vice President of Provider Services & Relations, Care Providers of Minnesota

Thank you to our SUMMIT sponsors













































session audience

-  Beginner/new to assisted living profession
-  Intermediate
-  Advanced
-  For everyone

education topic

-  Compliance/Regulatory/Risk
-  Quality
-  Workforce
-  Professional Development
-  Business development

To help you get the most of your Assisted Living SUMMIT learning sessions, we have indicated the audience intended for each session, as well as the topic to which it applies. However, you are welcome to attend any of the sessions offered at our 2026 SUMMIT!

Tuesday, May 19, 2026	8:00-9:00 AM Tuesday Keynote—Lee Rubin: Five Components of Extraordinary Teams			
	100 series 9:15-10:15 AM	101: Provider playbook: A practical guide for residential providers of 10 or less (part 1)*		
		102: Tying HR trends to operations in senior living		
		103: Beyond the checklists: Empowering all staff to make a difference		
		104: The realities of the role: An RN panel on navigating everyday challenges in AL		
		105: Navigating MDH plan reviews		
		106: Ensuring safety & compliance: Investigating maltreatment in AL		
	200 series 10:30-11:30 AM	201: Provider playbook: A practical guide for residential providers of 10 or less (part 2)*		
		202: Dollars and sense: Maximizing value in senior living culinary operations		
		203: Using activities to leverage your facility		
		204: Sales & marketing tactics—The power of persuasion		
		205: Falls & liability: What AL leaders need to know		
		206: Enhancing clinical competence in AL: Early ID & effective communication of health changes		
	300 series 1:00-2:15 PM	301: Waivered services programs in AL		
		302: Workplace readiness in LTC: Practical guidance for employers		
		303: Listening at the table: Food choices, resident councils & better health outcomes		
		304: Comprehensive IPC: Articulate, consider & integrate		
		305: Finding solutions: A collaborative approach to uphold resident rights		
		306: De-escalation in action: Assess, respond & support		
3:00-4:00 PM General Session: AI, analytics & liability: Demystifying data discoverability in Senior Living				

* 101 & 201 comprise a 2-part Residential Care Providers Intensive from 9:15-11:30 AM













session audience











-  Beginner/new to assisted living profession
-  Intermediate
-  Advanced
-  For everyone

education topic



-  Compliance/Regulatory/Risk
-  Quality
-  Workforce
-  Professional Development
-  Business development













Wednesday, May 20, 2026



400 series 8:00-9:00 AM	401: Capturing revenue with confidence: Effectively pricing your AL services		
	402: Paid Leave and ESST check-in—How's it Going?		
	403: Aging part 1—Typical vs. atypical aging		
	404: Advancing the conversation on fall safety (Part 2 of 3)		
	405: Managing licensing board inquiries & investigations		

500 series 9:15-10:15 AM	501: Comprehensive training on customized living services		
	502: Food code compliance challenges		
	503: Aging part 2—Positive physical approach		
	504: Drug diversion: A comprehensive guide to prevention		
	505: Advancing the conversation on fall safety—Part 3 of 3		

10:30-11:30 AM **General Session:** *Background studies made simple*  

11:30 AM-1:00 PM **Wednesday Keynote—LaShuan Bethea:** *A National NCAL update*  

600 series 1:15-2:15 PM	601: Social proof & its impact on building generative engine optimization credibility & authority		
	602: Leading through crisis		
	603: Level up! ALs & the Quality Award program		
	604: From calendar to connection: Creating experiences that nourish well-being		
	605: ALL in MN: Where buildings go wrong		
	606: Regulatory pulse: Trends, triggers, and tactical response		

2:30-4:00 PM **General Session:** *Top issues, changes & best practices: A multi-agency panel*  



THE DETAILS

MYSTIC LAKE HOTEL

2400 Mystic Lake Blvd, Prior Lake, MN 55372

May 19 | 8:00 AM–4:00 PM (7:00 AM check-in, coffee & networking)

May 20 | 8:00 AM–4:00 PM (7:30 AM coffee & networking)

\$ 395 per Care Providers of Minnesota member participant

\$ 500 per prospective member participant

\$ 100 per Government participant

\$ 75 per student participant

(includes DIGITAL Summit materials, CEs, continental breakfasts, lunches, and refreshments)

LODGING

Care Providers of Minnesota (CPM) has a room block at the **Mystic Lake Hotel**, 2400 Mystic Lake Blvd, Prior Lake, MN 55372 for \$159 plus applicable state and local taxes, per room, per night. The rates are based on single/double occupancy. *(There is a \$10 charge for each additional person. All rates are non-commissionable and subject to the applicable tax at the time of your program, currently 8.375% sales tax and 3.00% room tax. A maximum of 5 people per room is allowed.)*

[Hotel room reservations](#) can also be booked online. In addition to [booking online](#), you can call the Reservation Center 24/7 at 952-445-9000 to assist with booking. State the dates you'd like to stay, and mention that you are with Care Providers of Minnesota. Please make every effort to stay at the Mystic Lake hotel as we rely on meeting our room block commitments to keep the Summit costs as low as possible.

Cut-off date for the room block is Wednesday, April 22, 2026 at 11:59 PM. Any new reservations created after the cutoff date will be booked at Mystic's best available rate, which typically increases based on our overall hotel demand as the arrival date approaches.

ACCOMMODATIONS/DIETARY RESTRICTIONS

If you have a condition that requires special accommodations, or if you want a vegetarian meal or have other dietary restrictions (including gluten-free and food allergies), please contact Care Providers of Minnesota by Friday, April 24, 2026.

DIGITAL HANDOUTS

All education materials will be available on the CPM app within the AL Summit event section. The handouts will also be available online via the desktop version of the app: <https://cpm.clowder.com/webapp>. If you want to preview/download, handouts will be available the week of **May 11, 2026**.

PHOTOS/VIDEOS

CPM may take photographs/videos during its events for use in promotional materials. By participating in this education event, you grant CPM the right to use your image for such purposes.

REGISTER

careproviders.org/summit

You will receive an immediate confirmation upon successful registration.

Registration questions:

Call Peyton Whitesitt, 952-851-2494 or 800-462-0024

Email: pwhitesitt@careproviders.org

CEs: 11.75 clock/contact hours

CODE: MN26-92600

ACCREDITATION

The Assisted Living Summit is accredited by the Minnesota Board of Executives for Long-Term Services and Supports (BELTSS) for licensed assisted living directors, nursing home administrators, and health services executives. The Summit is designed to meet the Minnesota Board of Nursing criteria for contact hours. The Board of Nursing does not pre-approve continuing education. While the Assisted Living Summit is accredited for continuing education by BELTSS, the Summit is not a pathway to assisted living director licensure.

ELECTRONIC CEs

Tracking attendance for CE purposes will be done per session with QR codes & your smart phone. Details will be emailed after your registration. You can check your CEs earned from Care Providers of Minnesota on the CPM website. Log in with your username and password, and go to your profile page (by clicking on your name in the upper right corner). From the "My CEs" tab, you can print certificates of attendance for individual programs or a report with your totals.

CANCELLATION/NO-SHOW POLICY

We understand that circumstances arise that may prevent you from attending the summit after you have registered. If you cancel on or before **Friday, May 8, 2026**, we will gladly refund your registration fee and retain only \$50 per attendee for a cancellation fee.

We are unable to offer any refund after **Friday, May 8, 2026**, for canceled registrations. We encourage you to find someone to take your place if possible. No-shows are charged the full registration fee and receive the Summit materials in electronic formats.

CARE PROVIDERS OF MINNESOTA CODE OF CONDUCT

Care Providers of Minnesota (CPM) is committed to providing a safe, productive, and welcoming environment for all program participants, presenters, and CPM staff. All participants are expected to abide by this code of conduct, which may be found here: careproviders.org/conduct.